



**MANHATTAN
BREAD & BAGEL**

Menu

BREAKFAST PASTRIES

(Made from scratch and baked fresh daily)

MARVELOUS MUFFINS\$2.25

- | | |
|------------|-------------|
| Banana Nut | Carrot |
| Blueberry | Pumpkin Nut |
| Bran | |

SINFUL SCONES\$2.50

- | | |
|-----------------|-------------------------|
| Blueberry | Chocolate Chip |
| Cranberry | Raspberry |
| Fruit 'n Cream | White Chocolate Apricot |
| Multigrain Date | Buttermilk Raisin |

BREAKFAST PASTRIES\$2.25 – \$2.75

- | | |
|---------------------------------|--------------------------------|
| Banana Nut Bread | Croissants |
| Chocolate Chip Banana Nut Bread | Mini-Bagels (by special order) |
| Cinnamon Rolls | Pumpkin Nut Bread |
| Blueberry Coffee Cake | Zucchini Bread |

**TRADITIONAL BOILED & BAKED BAGELS\$.95 EACH
\$8.99 PER BAKER'S DOZEN**

- | | |
|-----------------|--------------------|
| Water | Cranberry |
| Fresh Onion | Egg Onion |
| Cinnamon Raisin | Garlic |
| Sesame | Honey Wheat |
| The Works | Honey Wheat Poppy |
| Poppy | Honey Wheat Sesame |
| Eight Grain | Jalapeno |
| Egg | Pumpernickel |
| Banana Nut | Rye |
| Bialies | Salt |
| Blueberry | Sourdough |
| Chocolate Chip | Wheat Raisin |

HEARTIER BREAKFAST FARE

CRÈME BRÛLÉE FRENCH TOAST\$6.50
Served With Maple Syrup And Fresh Fruit

DAILY EGG FRITTATA\$6.50
Served With Fresh Fruit

OATMEAL WITH FLAX SEEDS\$4.99
Served With Pecans, Dates, Apricots, Raisins & Brown Sugar

**FULL PAN OF CRÈME BRÛLÉE FRENCH TOAST
OR EGG FRITTATA\$40.00**

BAGEL WITH ATLANTIC SMOKED SALMON\$7.50
Served With Cream Cheese, Tomato & Red Onion

EGG ON A BAGEL\$4.00
Served with Canadian Bacon & American Cheese

WITH BACON\$4.00
ON A CROISSANT\$4.75
WITH TURKEY\$4.75

BAGEL AS YOU LIKE IT\$1.60 – \$3.75
Served with Your Choice of:

- | | |
|--------------------------------|-------------------------|
| Whipped Cream Cheese | Jalapeno Cream Cheese |
| Whipped Light Cream Cheese | Strawberry Cream Cheese |
| Chive Cream Cheese | Strawberry Jam |
| Nova Lox Cream Cheese | Veggie Cream Cheese |
| Peanut Butter & Strawberry Jam | Walnut Raisin |
| Herb and Spice Cream Cheese | Vanilla Cream Cheese |
| | Butter or Margarine |

FRESH BAKED BREADS

All Natural, Hand-Shaped Artisan Breads Made From Scratch & Baked On Premises Daily*

- | | |
|------------------------|-------------------------------------|
| Flax Harvest Baguettes | Walnut Raisin |
| French Baguettes | Squaw |
| Sourdough | Wheat Bread |
| Multigrain Loaf | Wheat Sourdough |
| Parmesan Sourdough | Challah (Friday only) |
| Ciabatta | Golden Raisin Challah (Friday only) |
| Black Pepper Parmesan | |
| Rye | Daily Selection Of Dinner Rolls |
| Country White Loaf | |
| Kalamata Olive | |
| Rosemary Wheat | *Daily selection varies |

BEVERAGES

COFFEES AND TEAS
Organic Coffee, Organic Tea, Hot Chocolate, Espresso, Cappuccino, Café Latte, Café Mocha, Organic Iced Teas

SODAS, ETC.
Coke, Diet Coke, Mr. Pibb, Sprite, Diet Sprite, Hi-C, Yoo-Hoo, Dr. Brown's Soda, Gatorade, Snapple

FRESH SQUEEZED ORANGE JUICE

MILK

TIME FOR LUNCH

All sandwiches served on all natural hand-shaped Artisan breads, with side salad & fruit garnish. You are welcome to designate a different bread or bagel choice.

GRILLED SOUTHWEST CHICKEN BREAST\$7.50
*Tomato, Cucumber, Lettuce & Cilantro Dressing
 On Ciabatta*

GRILLED PESTO CHICKEN BREAST\$7.50
*Tomato, Red Onion, Lettuce & Pesto Spread
 On Sourdough*

GRILLED ROSEMARY CHICKEN BREAST\$7.50
*Tomato, Red Onion, Provolone, Lettuce & Balsamic
 Vinaigrette On French Baguette*

TURKEY & SMOKED GOUDA\$7.50
*Tomato, Cucumber, Red Onion, Lettuce & Honey
 Mustard On Sourdough*

SMOKED TURKEY & HAVARTI\$7.50
Tomato, Lettuce & Honey Mustard On Sourdough

TURKEY & BACON\$7.95
Tomato, Red Onion, Lettuce & Mayo On Sourdough

BBQ BLT\$7.00
*Bacon, Lettuce, Tomato & BBQ Ranch Sauce
 On Country White*

GRILLED VEGGIE\$7.50
*Roasted Eggplant, Roasted Peppers, Grilled Zucchini,
 Goat Cheese & Pesto Spread On Ciabatta*

CALIFORNIA VEGGIE\$7.25
*Avocado, Tomato, Red Onion, Cucumber, Lettuce,
 Cilantro Spread & Choice Of Cheese (Cheddar, Smoked
 Gouda, Gruyere, Provolone, Jalapeno Jack, Havarti,
 Goat Cheese) On Multigrain*

ALBACORE TUNA SALAD\$7.50
Tomato, Red Onion & Lettuce On Multigrain

DELI EGG SALAD\$7.00
Tomato, Red Onion & Lettuce On Country White

BREAST OF CHICKEN SALAD\$7.50
Tomato, Red Onion & Lettuce On Whole Wheat

BLACK FOREST HAM & GRUYERE\$7.50
Tomato, Lettuce & Dijon Mustard On Corn Rye

ROAST BEEF & HAVARTI\$7.50
*Tomato, Cucumber, Lettuce & Mayo On Black Pepper
 Parmesan*

CAPRESE\$7.00
*Fresh Mozzarella, Basil and Tomato with Balsamic
 Vinaigrette on Sourdough*

ROASTED RED PEPPER HUMMUS\$7.25
*Mixed Greens, Cucumber and Yellow Pepper, Served on
 a Flax Harvest Baguette*

MINI SANDWICH\$4.50
Any Sandwich On A Dinner Roll Of Your Choice

DAILY QUICHE\$6.25

WHOLE QUICHE\$40.00

DAILY LUNCH SPECIAL:

ADD SMALL CHIPS & SODA TO ANY SANDWICH . \$2.50

SALADS

DAILY SELECTION OF ENTRÉE SALADS\$7.50
*BBQ Chicken Salad, Chinese Chicken Salad, Chicken
 Caesar, and Lynn's Favorite Spinach Salad with Grilled
 Chicken, Goat Cheese and Dried Cranberries.*

SANTA FE SALAD (VEGETARIAN)\$7.50
*Mixed Greens, Roasted Red Peppers, Corn, Black Beans,
 Avocado, Havarti Cheese, Tomato and Zesty Cilantro Dressing*

JUST FOR KIDS!

All sandwiches served on fresh baked bread with fruit garnish.

CRUSTLESS PB&J\$3.75
On Country White

CRUSTLESS TURKEY & CHEDDAR\$4.00
On Whole Wheat

CRUSTLESS HAM & CHEDDAR\$4.00
On Country White

SOMETHING SWEET...SOMETHING SAVORY

SWEETS, DESSERTS & CHIPS

Chocolate Chip Cookies

Chocolate Walnut Brownies

7 Layer Bars

*Chocolate Nirvana Walnut
 Cookies*

Frosted Sugar Cookies

Gingersnaps

M&M Cookies

Florentines

Oatmeal Raisin Cookies

*Peanut Butter Chocolate Chip
 Cookies*

Peanut Butter Cookies

Snickerdoodles

Kettle Chips

Bagel Chips

Hand-Made Lavosh



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www.manhattanbread.com

BAKERY HOURS

**MONDAY THROUGH FRIDAY
 5:00 am to 6:00 pm**

**WEEKDAY HAPPY HOUR:
 5:00 - 6:00 pm**

**SATURDAY AND SUNDAY
 5:00 am to 4:00 pm**

**WEEKEND HAPPY HOUR:
 3:00 - 4:00 pm**